

January, Week 4

Time	Activity	Explanation
6:15 am	Choice	Children are greeted & given the opportunity to join an activity of his/her choice. Breakfast is offered at 7:30 am.
9:00 am	Am Snack	Children wash their hands & Gather together to enjoy a snack.
9:30 am	Circle Time	Children gather with teachers for songs, finger plays, story time, academic and concept development.
10:00 am	Middle Room	Children develop large muscle skills and become involved in planned movement activities.
10:20 am	Work Time	Children become involved in planned activities interacting with their teachers to facilitate positive learning experiences.
11:00 am	Choice Time	Children participate in the activity of their choice.
11:30 am	Lunch Time	Children wash their hands & Gather together for a nutritious meal.
12:00 pm	Quiet Transition	Children listen to a story or music. To settle down for their nap.
12:30 pm	Nap Time	Children rest on their cots With soft music and dimmed lights.
2:30 pm	Wake Up	Children choose a quiet activity until everyone is awake.
3:00 pm	PM Snack	Children wash their hands & Gather together to enjoy a snack.
3:30 pm	Movie Time	Children relax while watching an educational children's video related to the weekly theme.
4:00 pm	Choice Time	Children participate in the activity of their choice.
4:10 pm 4:30 pm	Large Motor Time	Children develop large muscle skills and become involved in planned movement activities.
5:00 pm	Group Time or Table Activities	Children gather with teachers & become involved in planned activities developing Small motor and socialization skills.